

Meals

Food is purchased from local suppliers. We actively promote and encourage healthy eating.

Parents are asked to provide their own baby milk. The reason for this is in order to give continuity, as there are so many different varieties available, we want to avoid upset tummies. All bottles and food will be prepared at William House following parental guidance.

Snacks and meals are prepared in our kitchen on the ground floor. All the children have a drink of water or milk mid-morning and early afternoon, however drinks are available throughout the day as required. The children are also given fresh fruit or a treat.

A cooked two-course meal is served at lunchtime followed with a nursery tea mid-afternoon. We try to ensure that the menu is different every day for a month. Special diets are accommodated. All snacks, meals and drinks are provided free of charge.

William House has been awarded five stars for excellent standard of hygiene.

Nursery meals are incorporated within the nursery fees. However, for nursery trips parents are required to provide a packed lunch.

Sample Menu

	Lunch	Tea
Monday	<p>Spaghetti Bolognese Optional Cheese Topping Choice of Three Seasonal Vegetables Bread and Butter</p> <p>Summer Fruit Crumble Custard</p>	<p>Egg Mayonnaise Sandwich Bread and Butter Jam Sandwich Tomato and Lettuce</p> <p>Chocolate Whip Sultana Scone</p>
Tuesday	<p>Mince and Yorkshire Pudding Choice of Three Seasonal Vegetables Creamed Potatoes</p> <p>Chocolate Sponge Peppermint Sauce</p>	<p>Chicken Sandwich Bread and Butter Jam Sandwich</p> <p>Fruit and Cream Cherry Shortbread</p>
Wednesday	<p>Boiled Ham Choice of Three Seasonal Vegetables Creamed Potatoes</p> <p>Fruit and Custard</p>	<p>Paste Sandwich Bread and Butter Cheese Chunks and Crisps Beetroot and Lettuce</p> <p>Jelly and Ice Cream Iced Buns</p>
Thursday	<p>Chicken Casserole Choice of Three Seasonal Vegetables Creamed Potatoes</p> <p>Yoghurt</p>	<p>Pizza Lemon Curd Sandwich Cucumber and Celery</p> <p>Strawberry Whip Oatmeal Biscuit</p>
Friday	<p>Fish Pie Choice of Three Seasonal Vegetables Parsley Sauce</p> <p>Rice Pudding</p>	<p>Sausages and Spaghetti Bread and Butter Cheese Straws</p> <p>Strawberry Mince Tarts Butterfly Cakes</p>

Nursery reserves the right to change the menu on occasions due to seasonal changes, availability or unforeseen circumstances.